

Hartford Infant School PSHE Long Term Plan 2023-2024



At HIS we use the units of work from the Cambridgeshire Primary Personal Development Programme

		Reception	Year 1	Year 2
Autumn Transition and Community	November: Anti-	Discuss and decide Ground Rules	Discuss and decide Ground Rules	Discuss and decide Ground Rules
	bullying week, Road Safety week, Parliament week, Children in Need Election of school counsellors	1.MMR BB F: Beginning and	1. MMR BB 1/2: Beginning and	1. CIT RR 1/2: Rights, Rules and
		Belonging	Belonging	Responsibilities
		2. MMR FF F: Family and Friends	2. CIT WT 1/2: Working Together	2.HSL HL 1/2: Healthy Lifestyles
		3. CIT ID F: Identities and	3. HSL MSR 1/2: Managing Safety	3. MMR AB 1/2: Anti-bullying
	British values	Diversity	and Risk	Enrichment unit (delivered through
				enquiry and assemblies): E-safety
<u>Spring</u> Safety	February: Safer Internet Day March: Comic Relief British values	Revisit Ground Rules	Revisit Ground Rules	Revisit Ground Rules
		1. HSL KS F: Keeping Safe	1. HSL DL 1/2: Digital Lifestyles	1. HSL PS 1/2: Personal Safety
		2. MMR ME F: My Emotions	*Teaching Guidance	2. EW FC 1/2: Financial Capability
			2. MMR FF 1/2: Family and	
			Friends	
			Optional enrichment unit: MMR: Lost and	
			Found	
Summer Healthy Lifestyles and Healthy Week	May: Mental health	Revisit Ground Rules	Revisit Ground Rules	Revisit Ground Rules
	awareness week June: world well- being week July: HIS Healthy week, Transition, British values	1. CIT MW F: Me and My World	1. CIT DC 1/2: Diversity and	1.MMR MC 1/2: Managing
		2. HSL BG F: My Body and	Communities	Change
		Growing Up	2. MMR ME 1/2: My Emotions	2. HSL DE 1/2: Drug Education
		3. HSL HL F: Healthy Lifestyles	3. HSL RS 1: Relationships and	3. HSL RS 2: Relationships and
			Sex Education (RSE)	Sex Education (RSE)